Cycle of Violence

Acute Explosion

Tension Building

Honeymoon

Denial

Batterer:
hitting, choking, humiliation, imprisonment, rate, use of weapons, beating, verbal abuse, (see continums for other behaviors)

Batterer:
moody, nitpicking, isolate her, withdraw affection, put downs, yelling, drinking or drugs, threatens, destroys property, criticizes, sullen, crazy-making

Batterer:
I'm sorry, begs forgiveness, promises to get counseling, go to church, A.A, sends flowers, brings presents, "Ill never do it again," wants to make love, declares love, enlists family support, cries